

# DAY RETREAT WEDNESDAY, MAY 7, 2008

## DAY FOR SPIRITUAL DIRECTORS



**ALEXANDER J. SHAI, PH.D.**

is an author, passionate professional speaker, seminar and retreat leader and spiritual director. He has given presentations on many topics in both secular and religious settings. Dr. Shaia is the founder and director of the Blue Door Retreat in Santa Fe, NM - where he lives. His books are Beyond the Biography of Jesus: The Journey of Quadratos, Books I & II. He may be reached through [www.quadatos.com](http://www.quadatos.com). Dr. Shaia was recently featured on NPR, LA Religious Education Congress, and The forum at Grace Cathedral, San Francisco.

Those attending both May 7 & May 8, 2008 retreats with Dr. Shaia will receive a discount and pay a total of \$150.

9:30 AM - 4:00 PM  
(9:00 AM registration • lunch included)

SAVE THE DATE:  
JANUARY 30-FEBRUARY 1, 2009  
FOR QUADRATOS RETREAT

**All Journeys - One Journey**  
Underneath the words of the Four Gospels lies another journey - one that is universal, sequential and cyclical. It is no less than the journey of the soul through four progressive paths. Each path poses a question. Each gospel provides a practice:

- How do we face change? (Matthew)
- How do we move through suffering? (Mark)
- How do we discover joy? (John)
- How do we mature in service? (Luke/Acts)

Dr. Shaia has named this four-fold path, **Quadratos**. With him, we will reflect on each path's question - and explore each gospel's practice - as an aid in moving through resistance - by grace - to greater freedom and equanimity.

### SAN DAMIANO RETREAT

DAY FOR SPIRITUAL DIRECTORS • WEDNESDAY, MAY 7, 2008

TO MAKE A RESERVATION:  
please send this form & a \$25 deposit per person to:

San Damiano Retreat  
Reservations  
PO Box 767  
Danville, CA 94526-0767

Register on line!  
[www.sandamiano.org](http://www.sandamiano.org)

Deposits are non-refundable, but transferable to a future retreat (within one year) providing cancellation is received at least 7 days prior to the retreat.

Phone: (925) 837-9141  
Fax: (925) 837-0522

Name(s): \_\_\_\_\_ Phone: ( ) \_\_\_\_\_

Address: \_\_\_\_\_  
Street City State Zip+4

E-mail: \_\_\_\_\_ Emergency Contact: \_\_\_\_\_ Phone: \_\_\_\_\_

Special Needs: \_\_\_\_\_

**\$85 • LUNCH INCLUDED**

Credit Card #: \_\_\_\_\_ E xp. Date: \_\_\_\_\_ Charge All  Deposit Only

Name on Credit Card: \_\_\_\_\_ Signature: \_\_\_\_\_