

A "BUSY PERSON'S" RETREAT

IT IS FOR ANYONE SEEKING A STREAM-LINED RETREAT EXPERIENCE THAT CAN BE DONE IN THE COMFORT OF YOUR OWN HOME. A "BUSY PERSON'S" RETREAT IS HIGHLY POPULAR AND A WIDELY OFFERED MODEL THAT IS UTILIZED BY RETREAT CENTERS AND PARISH COMMUNITIES AROUND THE COUNTRY.

THIS CONVENIENT RETREAT IS FOR:

- PEOPLE WITH JOBS AND FAMILIES
- STAY-AT-HOME MOMS OR DADS
- RETIRED PERSONS
- PEOPLE IN TRANSITION OR BETWEEN JOBS
- PEOPLE WHO WISH TO TALK TO A SPIRITUAL DIRECTOR
- PEOPLE FACING THE CHALLENGE OF MAKING TIME FOR PRAYER

WHO ARE THE SPIRITUAL DIRECTORS?
SAN DAMIANO RETREAT SPIRITUAL DIRECTORS ARE TRAINED AND EXPERIENCED IN GUIDING AND ACCOMPANYING OTHERS IN BECOMING MORE AWARE OF GOD'S PRESENCE IN THEIR LIVES.



COMPLETE THE APPLICATION FORM AND RETURN IT WITH A \$90 CHECK TO SAN DAMIANO RETREAT NO LATER THAN FEBRUARY 15, 2010

SAN DAMIANO RETREAT
PO Box 767
DANVILLE CA 94526
OR

OR CONTACT KATERI AT
925-837-9141 x315

KATERIK@SANDAMIANO.ORG

OR ONLINE REGISTRATION AT

WWW.SANDAMIANO.ORG

Directions:

Interstate 680 to Danville
Exit Diablo Rd & go west
Left turn at Hartz Ave
Go one short block
Right turn on Prospect
Bear left at fork – Road becomes
Highland Dr
Continue up the hill 1-1/4 miles



**BUSY PERSON'S
LENTEN
RETREAT**

**FEBRUARY 21 AND
MARCH 7, 2010**



**TWO WEEKS OF PRAYER AND REFLECTION AT HOME IN THE MIDST OF YOUR DAILY SCHEDULE
REGISTRATION FOR BUSY PERSON'S LENTEN RETREAT**

NAME _____

ADDRESS _____

CITY/STATE/ZIP _____

PHONE _____

EMAIL _____

HAVE YOU EVER HAD A SPIRITUAL DIRECTOR?

_____ YES _____ NO

HAVE YOU MADE A RETREAT BEFORE? _____ YES

_____ NO

WHAT IS YOUR PREFERRED TIME TO MEET WITH YOUR DIRECTOR? _____ AM

_____ PM

_____ EVENING

PURPOSE OF THE RETREAT:

1) TO PROVIDE AN OPPORTUNITY TO HAVE TIME FOR RETREAT— INTEGRATING PRAYER, WORK AND ACTIVITIES

2) TO PRAY ALONE AND TOGETHER WITH OTHERS USING A VARIETY OF PRAYER FORMS

FORMAT:

- ✘ TAKE TIME FOR PRAYER EACH DAY**
- ✘ MEET FOR AN HOUR ONCE A WEEK WITH A DIRECTOR — YOUR RETREAT COMPANION**
- ✘ GATHERING SESSIONS WITH OTHERS FOR THE OPENING AND CLOSING OF THE RETREAT**

WHAT YOU WILL NEED:

- ✓ AN OPEN HEART AND MIND**
- ✓ A BIBLE**
- ✓ A PEN AND PAPER FOR PERSONAL JOURNAL**

OPENING SESSION:

San Damiano Retreat

Sunday, February 21, 2010

2:00 – 4:00 pm

MEETING YOUR

DIRECTOR:

***AT THE OPENING SESSION
YOU AND YOUR
COMPANION WILL MEET
TO CONFIRM YOUR
MEETING TIMES***

CLOSING SESSION:

San Damiano Retreat

Sunday, March 7, 2010

2:00 – 4:00 pm

FEE: \$90

