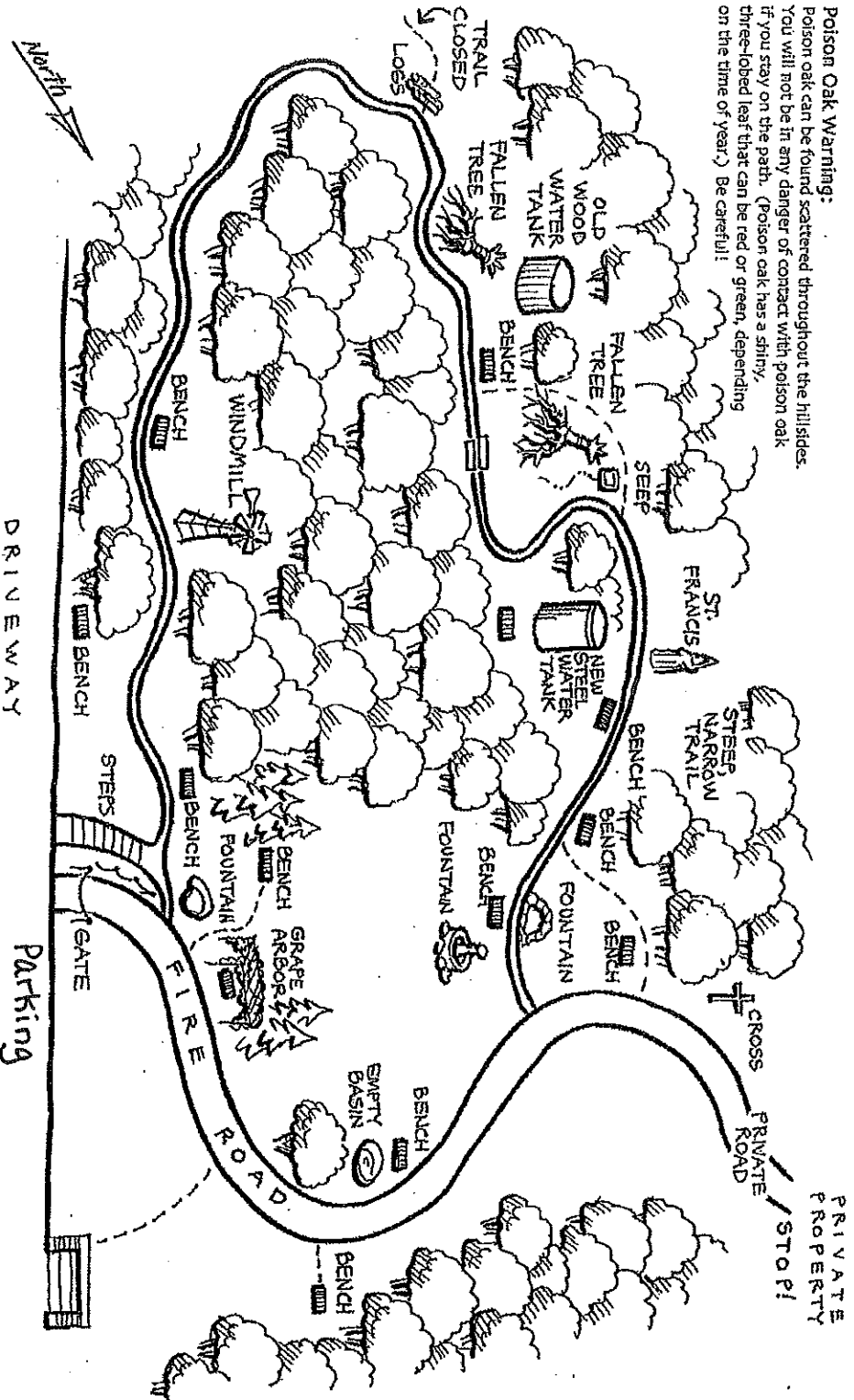
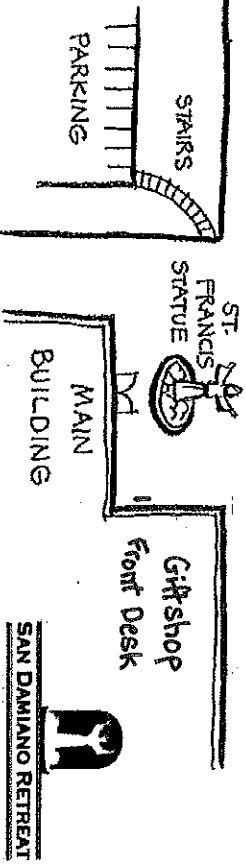


**Poison Oak Warning:**  
 Poison oak can be found scattered throughout the hillsides. You will not be in any danger of contact with poison oak if you stay on the path. (Poison oak has a shiny, three-lobed leaf that can be red or green, depending on the time of year.) Be careful!



## Windmill Walk

The Windmill Walk is a wide path that circles above the retreat in a 2/3 mile loop that will take about 45 to 20 minutes to walk at a moderate pace. It is a wonderful place to be alone or with a friend. A place to talk privately, listen to God, to pray or reflect, and enjoy the views of the valley below and Mt. Diablo beyond.



**SAN DAMIANO RETREAT**

NOTE: All visitors sign in at the Front Desk. Thank You